

JOINT PRESS RELEASE- FOR IMMEDIATE RELEASE



Essential Travel in Tuolumne County



In accordance with the Governor's Stay at Home order made on March 19, 2020, the Tuolumne County Office of Emergency services in partnership with the City of Sonora, is requesting visitors to Tuolumne County to delay travel plans until the State order is lifted. Honoring this request will assist us in protecting our vulnerable populations, mitigate the impact to our rural healthcare system, and ultimately help contain the spread of COVID-19.

We acknowledge that some travel is essential to ensure that supply chain and necessary services are maintained. For those that travel into the area, please limit activities necessary to fulfill the essential purpose of your visit and adhere to the following guidelines:

- Follow all local and State guidelines that are being issued regarding COVID-19
- Conduct self-monitoring activities, which include checking for symptoms twice daily if possible:
 - Take your temperature and watch for fever
 - Observe for development of a cough and/or shortness of breath
- Stay informed by following these media resources:
 - [www.Facebook.com/TuolumneCountyPublicHealth](https://www.facebook.com/TuolumneCountyPublicHealth)
 - www.facebook.com/cityofsonora1
 - www.sonoraca.com
 - www.TuolumneCounty.ca.gov/publichealth
 - <https://www.covid19.ca.gov/>
 - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

If you develop symptoms, or need to seek medical care, please self-quarantine in your lodging/residence and call your healthcare provider or the Adventist Health Advice Line at 844-542-8840 from 7 AM to 7 PM, or after hours, the hospital emergency department.

A COVID-19 Information Line has been established at (209) 533-7440 Monday-Friday from 9 AM to 5 PM if you have other questions or concerns.